**Sample Format - A.A. Meeting**

1. Start by saying: Good Evening Everyone. This is the regular **\_\_\_\_\_\_\_\_\_** meeting of the \_\_\_\_\_\_\_\_\_\_\_ Group of Alcoholics Anonymous. (This is an Open Speaker/Mixed Discussion/Panel Meeting). My name is \_\_\_\_\_\_\_\_\_\_\_ and I am an alcoholic. According to our 11th tradition, we practice anonymity – **who/what you see here…and hear said here…should stay here.**

2. Let us open the meeting with a moment of silence for those still sick and suffering followed by the Serenity Prayer: **God, grant me the serenity to accept the things I cannot change, the courage to change the things I can, and the wisdom to know the difference.**

3. Reading of the Preamble:

**Alcoholics Anonymous is a fellowship of people who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism. The only requirement for membership is a desire to stop drinking. There are no dues or fees for AA membership; we are self-supporting through our own contributions. AA is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy; neither endorses nor opposes any causes. Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.**

4. \_\_\_\_\_\_\_\_\_\_\_\_will now read “How it Works” from Chapter 5 of the A.A. Big Book.

\_\_\_\_\_\_\_\_\_\_\_\_\_\_will now read the 12 traditions

5. Good customs for the group:

* Ask if there is anyone there for their very 1st AA meeting. Ask them to introduce themselves by their first name only;
* Ask if there is anyone attending This Meeting for the 1st time
* Ask any visitors from out of town to introduce themselves and say where they are from

6. Make regular announcements about group business, events and next week’s speaker. Ask for announcementsfrom the floor.

7*. Mention that you will pass the basket(s) 10 minutes before the meeting closes. . Say something like:* **According to our 7th tradition, we have no dues or fees in A.A. We are entirely self-supporting, declining outside contributions. These contributions go for rent or to the District \_\_, Area \_\_ and/or to AA General Service.**

8. Ask everyone to silence their cell phones or any other electronic device.

9. Explain format…followed by group discussion/questions…**ask people to keep their sharing brief so everyone will get a chance to share.**

10. Read “The Promises” before closing.

11. Close the meeting with the Lord’s Prayer.